## Los Angeles County Department of Community and Senior Services

Los Nietos Senior Center 11640 W. Slauson Ave., Whittier, CA 90606 (562) 699-9898 Fax (562) 692-7441 Monday through Friday 8:00 am - 5:00 pm Mario Muralles, Center Director Janice Brown, Community Center Specialist II Robert Ramirez, Neighborhood Worker

Org./Agency	Contact Number	Program	Summary of Services Provided
Center Staff	(562) 699-9898	General Direct Services	Los Nietos Senior Center is a multi-purpose facility designed to enhance the community with a range of educational, social and recreational activities. Center staff network with other County departments and non-profit agencies to provide comprehensive information and referrals. The following programs and services offered at the Center, include but are not limited to: form completion assistance, translation services, renters credit, flu shot clinic, and Naturalization form completion.
			Emergency Food Distribution - Emergency food assistance to low-income families and individuals residing in zip codes 90605 and 90606. Second & Fourth Friday 9:00am -3:00pm.
			<b>Citizenship Assistance -</b> Free citizenship form completion. Fridays by appointment only from 9:00am – 3:00pm.
			<b>Jerome Verde Valley Senior Club</b> - Fundraises to provide scholarships for students in California and Arizona. Third Saturday of the month from 10:00am – 12:30pm.
			Los Nietos Senior Club - Bingo and social club. Second Saturday of the month 1:00pm – 4:00pm.
			Dance - Senior Dance. Fridays 11:00am – 12:15pm.
			Club Cultural Pan Americano - Social club for seniors. Activities include dances, fundraisers, and trips. Fourth Sunday of month 12:00pm – 7:00pm.
			Victor Rosales Senior Club - Social club for seniors. First Sunday of month from 1:00pm – 4:00pm.
			Los Nietos Community Dance Group - Dance classes offered for community residents.  Tuesday and Wednesday 7:15pm – 8:30pm.
			Danza Azteca Huehueteotl - Dance classes in various indigenous styles. Monday and Thursday 7:00pm - 9:30pm
			Crochet Club - The crochet club meets Thursdays from 9:00am – 12:00 noon.
			Aerobics - Aerobics class for community residents. Monday through Friday 6:00pm – 7:00pm.
Rio Hondo College	(562) 908-3465	Computer Class	Computer Classes-Tuesday, Wednesday and Thursday, 8:30-11:30 am
Community Union	1-877-7767274	Computer Class	Computer Classes-Monday through Friday, 4-8 pm
Whittier Area Parents' Association for the Developmentally Handicapped (WAPADH)	(562) 946-0467	Services for physically challenged	Meeting for the developmentally handicapped and their caregivers. Monday 10:00am - 11:00am and Wednesday 9:30am – 11:00am.
Southeast Area Social Services Funding Authority (SASSFA)	(562) 699-9898	Senior nutrition site	Provides a nutritious hot lunch to senior citizens. Monday through Thursday 11:30am – 12:00pm and Friday 12:15pm – 1:00pm.
Bingo	(562) 699-9898	Social Activity	Monday through Friday 1 – 4 pm
CSS/AAA	(562) 695-7375	Title V Senior Employment Program	For seniors 55 and older, services include: job referrals, employment counseling, employment training, and job placement. Monday, Wednesday, Thursday and Friday from 9:00am – 2:00pm.
Bet Tzedek	323-549-5851	Legal Advice	Legal advice every other month on various consumer issues. 9:00am – 2:00pm by appointment only
Challenging Latinos to Access Resource Opportunities (CLARO)	(562) 698-9436	Tutoring	Tutoring on any subject for students K-12. Monday through Thursday 3:00pm – 6:00pm and Friday 3:00pm – 5:00pm
Rio Hondo College	(562) 908-3435	Foster Care	Certify individuals to become foster parents. Tuesday 9:30am - 12:30pm.
Rio Hondo College	(562) 699-9898	Cooking Class	Cooking Class for Foster care parents. First Wednesday of the month 10:00am – 1:00pm.
Clean Slate	(562) 945-9111	Tattoo removal	Tattoo removal. Third Saturday of the month.

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More Advocacy for Safe Homes (MASH)	(562) 699-9898	Advocacy	Teaches residents how to work with County government to help maintain a quality of life in our communities. Meetings every other month at 6:00pm.
Step Dancing Class	(562) 699-9898	Social Activity	Thursdays 9:30 to 10:30 am
John F. Kennedy Club	(562) 699-9898	Social group	Social club for local seniors/residents. Group meets 2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday of the month at 1 – 4 pm

Revised 3-08